

A Comparison of Workplace Health Planning Models

Health Promotion Program Planning	Corporate Health Model	Small or Farm Business Health Model	Guide for Building a Healthy Workplace	Healthy Workplace Planning Cycle	Wellness Program - Getting Started	How to Build a Well Workplace (7 C's)	How to Design Workplace Health Promotion Programs	10 Steps to Successful Program Planning
THCU	Health Canada	Health Canada	Brant County Health Unit	NQI	CCOSH	Wellness Council of Canada	American Journal of Health Promotion	Niagara Regional Health Dept.
Steps	Stages *Steps		Stages		Steps	Steps	Steps	Steps
Preplanning & Project Management * participation * time * Money / resources * data gathering * decision-making		Orientation					Preparing for the Design Process	
	Commitment		Obtain Organizational Commitment Identify Strengths, Challenges & a Wellness Vision Communicate & Market Workplace Wellness		Take ownership & leadership & get support from the "top" Get support from everyone	Concentrating on Senior Level Support		Obtain Management Support
	Establish a Workplace Health Committee		Create a Wellness Committee		Acknowledge current or informal activities & collect baseline data	Creating a Cohesive Wellness Team		Develop Wellness Committee
					Identify the key needs & expectations of the workplace	Collecting Data to Drive Health Efforts	Collecting the Appropriate Data	Collect Data
Situational Assessment	Needs Assessment Workplace Health Profile	Needs Assessment Workplace Health Profile	Information Collection	Needs Assessment & Analysis	Develop a detailed plan	Crafting the Operating Plan		Establish Program Focus
	Corporate Health Plan	Small or Farm Business Health Plan	Wellness Profile & Wellness Plan	Healthy Workplace Plan				
Set Goals, Audiences & Objectives Set Strategies, Activities & Resources Establish Indicators Review Plan	Program Action * Identify Program Objectives * Brainstorm Ways to achieve Objectives * Create Resources List * Develop Program Activity	Program Action Plan	Action Plan	Program Design		Choosing Appropriate Interventions	Selecting Program Content	Develop Objectives Develop Program Plan
					Put your plan into action	Creating a Supportive Environment	Developing the Administrative Structure	Take Plan to Senior Management
Implement Plan	* Launch Program Activity							Carry out plan Develop a Policy
Measure Results / Impacts	* Evaluate Program Activities Review Progress	Progress Review	Follow-up & Review Progress		Monitor, evaluate & maintain the program	Carefully Evaluating Outcomes	Outline the Evaluation Plan	Program Evaluation