

## How to Make a "Monster Sheet"

At our health communication workshops we use poster-sized worksheets (some 3'x6', some 3'x4') to work through steps 5-7 of our 12-step process for developing health communication campaigns. Participants often ask "where *did* you get these?".

The short answer is that they are produced through the Graphics and Photography Services Department at the Faculty of Medicine, University of Toronto. The long answer?

- THCU's original black and white worksheets are enlarged as a photo-mechanical transfer (film) from which a mylar intermediate plate is produced. This plate can be enlarged in 200% stages and is done as many times as necessary to create a full-sized Monster Sheet.
- The final copies are made from a mylar plate and are called "black line white prints".
- Because of the cost, we have 25 copies of each sheet made each time
- Final copies are not laser output, but are processed with ammonia

All of this work is done by industrial photocopy centres (large format). To find one near your organization, Graphics and Photography Services suggests calling local architectural firms and asking who they use for "white prints."